

CANAMERA X-RAY & ULTRASOUND	CORONATION X-RAY & ULTRASOUND	FAIRWAY X-RAY & ULTRASOUND
<p>350 Conestoga Boulevard, Unit B9 Cambridge, ON N1R 7L7 <i>Conestoga Boulevard/Canamera Parkway</i></p> <p>P: 519-623-9464 F: 519-623-6736</p> <p>Services: Ultrasound, Mammography, Bone Mineral Density, X-Ray, Ontario Breast Screening Program</p>	<p>745 Coronation Boulevard, Unit 103, Cambridge, ON N1R 0B6 <i>Coronation Boulevard/Hespeler Road</i></p> <p>P: 519-623-6060 F: 519-623-2947</p> <p>Services: Ultrasound, X-Ray</p>	<p>385 Fairway Road South, Unit 9 Kitchener, ON N2C 1X2 <i>Fairway Road South/Wilson Avenue</i></p> <p>P: 519-748-6844 F: 519-748-5306</p> <p>Services: Ultrasound, X-Ray</p>
THE BOARDWALK DIAGNOSTIC IMAGING	UNIVERSITY X-RAY & ULTRASOUND	VICTORIA X-RAY & ULTRASOUND
<p>430 The Boardwalk, Suite 108 Waterloo, ON N2T 0C1 <i>Ira Needles Boulevard/Thorndale Avenue</i></p> <p>P: 519-576-8760 F: 226-215-3183</p> <p>Services: Ultrasound, Mammography, Bone Mineral Density, X-Ray, Ontario Breast Screening Program</p>	<p>65 University Avenue East Waterloo, ON N2J 29 <i>University Avenue West/Weber Street North</i></p> <p>P: 519-746-3457 F: 519-886-8212</p> <p>Services: Ultrasound, Mammography, Bone Mineral Density, X-Ray, Ontario Breast Screening Program</p>	<p>751 Victoria Street South, Suite B100 Kitchener, ON N2M 5N <i>Victoria Street South/Westmount Road</i></p> <p>P: 519-742-2636 F: 519-742-9717</p> <p>Services: Ultrasound, Mammography, Bone Mineral Density, X-Ray, Ontario Breast Screening Program</p>

PREPARATION AND INSTRUCTIONS

These instructions are **IMPORTANT**. Please follow them carefully.

Please arrive **10 MINUTES PRIOR** to your appointment for registration. **LATE** arrival may require rebooking.

Please bring your valid **ONTARIO HEALTH CARD (OHIP)** to each appointment, along with this requisition.

ULTRASOUND

- **ABDOMEN (includes studies of the GALL BLADDER, PANCREAS, SPLEEN, LIVER, KIDNEYS and AORTA)**
Morning (before 1pm): No solid foods or liquids after midnight. You are required to have an empty stomach.
Afternoon (at or after 1pm): You may eat a light breakfast (*dry toast, black tea or coffee, juice*) before 8:00am. No dairy products. Do not eat lunch as you are required to have an empty stomach.
- **PELVIS and OBSTETRICAL including TRANSVAGINAL (UTERUS, OVARIES, BLADDER) (also G.U. TRACT)**
Complete drinking 32oz/1 litre (4 glasses) of fluids **1 hour before your appointment** (finish by _____).
Do NOT go to the washroom. We will examine you as soon as possible. You may eat regularly.
- **ABDOMEN and PELVIS**
Preparation same as ABDOMEN. Also, complete drinking 32oz/1 litre (4 glasses) of water **1 hour before your appointment**.
Do NOT go to the washroom.

X-RAY

Persons who may be pregnant should **NOT** be x-rayed during the last two weeks of their menstrual cycle.

MAMMOGRAPHY

On day of examination: after showering do **NOT** use deodorant, antiperspirant, or talcum powder on chest or underarms as these particles may show up on mammogram.

BONE MINERAL DENSITY

On the day of examination: do **NOT** take calcium supplements or iron tablets until after the examination is completed.

This requisition form can be taken to any licensed facility providing health care services including hospitals accepting community referrals and community surgical and diagnostic centres, such as those listed on the website:

<https://www.ontario.ca/page/community-surgical-and-diagnostic-centres#section-1>